

Prayer for Making Your Body a Living Sacrifice

This prayer is adapted from both Ian Clayton and Mike Parsons' teachings based on Rom. 12:1 "Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God—this is your spiritual act of worship." This prayer went through many revisions as I poured my heart out to Yeshua in the Holy of Holies (Garden of my Heart). It was completed on 9/22/14 – Tamara Jarvis

Thank you, Father, that you've made the way for us to come boldly into your presence. By faith right now, I walk through the torn veil into the Holy of Holies and with total abandonment, I lay myself on the altar to you, Jesus, my High Priest.

In offering my body, I thank you that you take the sword, your *Word of Truth*, and bleed me out, just as a sheep was bled as sacrifice in the Old Covenant. Let all the blood, *the old life source*, drain out of me. Now cut me open down the middle and strip off the three layers of skin, the false coverings, all pretenses, masks, defense & coping mechanisms that I've placed upon my life to get the approval of others and even of you, Lord. Remove every old fig leaf! Take off my head where I've aligned my thinking with worldly power-center mindsets, drawing my reasoning from the tree of the knowledge of good and evil. Remove my arms and hands where I've done works of iniquity; remove my legs and feet where I've walked in my own self-will. Take out all 248 organs, the tissues, muscles and tendons; the trauma and negative emotions held up in my immune system; and my spine where the fear of man has kept chaos locked in my body and soul.

Now Jesus, pull open my rib cage, reach in and take out the stony heart, and with that the destiny scroll that reveals the true purpose of my life, those things I agreed to do when I was with *you before the foundation of the earth!!* Jesus, break open the seal on my scroll – you're the *only one worthy* to do this - that I may see what is on my destiny scroll for this day. Thank you, Jesus! Now replace my heart with a pure and tender heart, one that's full of faith and gives hope to see the unseen things, a heart full of light with limitless capacity to grow in the love of my ABBA Father! A heart that beats with the rhythm of Heaven's frequency!

Thank you, Jesus, as you replace my organs, tissues, muscles and tendons; by faith, I receive healing in all of these because the master's hand has kissed them with my Father's will to heal. You've cleansed my immune system and my spine is now perfumed in the fear of the Lord! As you put my legs and feet back on, I praise you for giving me legs and feet that my Father calls beautiful, that trek the good news of sonship and touch down in places where Enoch has walked! As you put my arms and hands back on, I praise you for arms and hands like my Father's that do the works of truth and justice!

Thank you, Jesus, that you give me a new head with a mind full of revelation knowledge - the government of the Kingdom of Heaven now has jurisdiction over my entire being! My face is now unveiled before your glory! You give me eyes to see what the elders see, causing them to keep falling down in worship to you! Eyes to see what the angels see that they can't stop shouting, "holy, holy, holy"!! You give me ears adorned with the ring of a Jesus' bondsman! You give me a nose that smells the vibrations of Heaven and gives me

sharp discernment. Now I have a mouth that tastes the goodness of the Lord, that speaks words which bring the power of eternal life and praises you continuously!

Now, Jesus, put back on my life the right coverings: the covering of God the Father, judgment, justice and holiness; the covering of Yeshua, the way, the truth and the life; and the covering of Holy Spirit, righteousness, peace and joy. Add the three layers of skin back onto my body for 12 layers signifying the priest that I may minister to my Father in Heaven!! Now as the blood begins to pulse through every artery, vein & capillary, the tree of life is being rooted within me. The very DNA of Jesus is awakening and healing the memory in every cell and the very marrow of my bones is manifesting sonship. Hallelujah!!! – **Amen.**

*Poured out w/ lavish love for Yeshua by Tamara Jarvis, Loving God First
(Final revision 9/22/14)
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